

RELIGIOUS GATHEKA 9. Prayer

This Month's Concentration: Read and contemplate daily for the next several weeks Pir-o-Murshid Hazrat Inayat Khan's lecture: Prayer

Reflect and Practice Daily on the Following:

Pir-o-Murshid Hazrat Inayat Khan in the lecture says,

- 1. Often mankind thinks, 'Since God is the knower of the heart of every man what does it matter if prayer is recited and gestures or action made? And the answer is that it is according to the extent of your consciousness of prayer that your prayer reaches God. Therefore your thought, action and word makes prayer complete.
- 2. The next question is, when God already knows what we want what is good for us, what we need, why should we ask Him for it? ... God knows your need, He knows what you want, but your want becomes clear when it is expressed not by the mind or the body only but by your whole being. That is the secret.
- 3. The question "Why does God need praise from us? Who are we that we should praise God?" is answered thus. We can never praise him enough, and our praise can never be sufficient, but at the same time our soul is blessed with the impression of the Glory of God whenever we praise Him

Let us consider the following:

- 1. Is my prayer complete? Is my thought, action, and word involved when I pray?
- 2. Are my wants and needs clear, and do I express my wants and needs with my whole being to God?
- 3. Do I wholeheartedly praise God thus enabling my soul to be blessed with the impression of the Glory of God?

Please feel free to openly share your thoughts, inspirations, and challenges within our Hazrat Inayat Khan Study Circle.

Go to <u>http://groups.yahoo.com/group/HazratInayatKhan_StudyCircle/messages</u>. Click on "Post" under "Messages" in the left column navigation bar.

With loving regards and in service to the Message, Nuria