



**Religious Gatheka – Hazrat Inayat Khan**  
**17. The Sufi Message**

**This Month's Concentration:**

Read and contemplate daily for the next several weeks  
Hazrat Pir-o-Murshid Inayat Khan's lecture: The Sufi Message

**Reflect Daily on the Following Points in Gatheka 17**

1. *...divine truth has always been and always will be the same. No-one can improve upon it and nobody can give a new Message.*

**Contemplate:** In the context of the above statement by Hazrat Inayat Khan what is the Sufi Message? How do you define, express, and live the Sufi Message?

2. *Man divides, God unites humanity. Man's pleasure is in thinking and feeling, 'I am different from you', 'You are different from me' - by nationality, by race, in creed or religion. The animals do that. Did Jesus Christ come to form an exclusive community to be named Christian or Buddha to found a creed called Buddhism? Or was it Mohammed's ideal to form a community called Mohammedan? On the contrary the Prophet warned His disciples that they should not attach His name to His message, but that it should be called Islam - the message of peace.*

**Contemplate:** Give consideration to the statement above and throughout the month seek more to find ways that one is like others instead of different from others.

3. *The Sufi message is a reminder to humanity, not to anyone nation but to all, not to one but every creed, - a reminder of the truth taught by all the great teachers of humanity - that God, Truth, Religion are one, duality only a delusion of human nature.*

**Contemplate:** Whenever the thought of self and other arises, recall these words by Hazrat Inayat Khan, "God, Truth, Religion are one, duality only a delusion of human nature."

4. *Humanity is one body, the whole life being one in its source and its goal, its beginning and its end. No scientist can deny this! If part of the body is in pain, sooner or later, the whole body is affected. If your finger aches, your body is not free from pain. No action, race or section can be considered as a separate part of humanity.*

**Contemplate:** Can we, do we recognize and live in this experience of wholesomeness and unity?

5. *Life is one continual fight and only one thing can ease this fight - consideration for others, reciprocity, give and take of good instead of selfishness as the central theme. ... the happiness and peace of each individual depends on the happiness and peace of all.*

**Contemplate:** Let us be ever mindful of consideration, reciprocity, and the happiness and peace of others. In doing so, let us see if we can discover the wellspring of all happiness and peace that will emerge from within while living in this mindfulness.

6. *There is an order of the Sufis, which is constituted of these who have the same ideals of service to God and to humanity, who have the ideal to devote a part of the whole of their life to the service of humanity, on the path of truth.*

**Contemplate:** In what ways do we live the ideals of service to God, humanity, and the path of truth?

7. *Every seeker after truth must remember one thing, that the first step on the path of truth is to become true to oneself.*

**Contemplate:** Am I true to myself?

As always - love, only love....

Nuria

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