



**Religious Gatheka – Hazrat Inayat Khan**  
**21. Buddha**

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**Read and contemplate daily for the next several weeks**

Hazrat Pir-o-Murshid Inayat Khan's lecture: Buddha  
Reflect Daily on the Following Points in Gatheka 21

1. *The word Buddhi in Sanskrit means reason. In the Buddhist terminology The 'Spirit of Guidance' is named Bodhisattva, which means the essence of reason. Reason in its essence is of a liquid form, it is the cream of intelligence. When it is crystallized it becomes rigid. Very often 'intellectuality' explains a knowledge formed by reasons, most of them of rigid character. The fine reason is subtle, the finer the reason the less it can be explained in words. (Hazrat Inayat Khan)*

**Contemplate:** Can we assess for ourselves if we and when we are “crystallized” around “intellectuality”? Can we experience and know when we being guided by the “Spirit of Guidance” and experiencing the a more subtle dimensions of “reason”? Do we recognize the difference and perhaps what catalyzes these two states, “crystallized” and “subtle”?

2. *“The honey of life is hope. If the knowledge of God does not give hope to attain the divine bliss which is attained in life, that knowledge is of no use. Man may believe in God for years and yet may not be benefited by the spiritual bliss, for the spiritual bliss is not only believing but it is in knowing God.” (Hazrat Inayat Khan)*

**Contemplate:** Do I experience the “honey of life” which Hazrat Inayat Khan defines as “hope”?

3. *Buddhi, which is subtle reasoning is the path which leads to the goal. The absence of that keeps a person in obscurity. As the sun is the source of light which shows outwardly things in life, so Buddhi is the inner source of light which enables the person to see life clearly, inwardly and outwardly.*

**Contemplate:** Do I experience “Buddhi is the inner source of light which enables the person to see life clearly, inwardly and outwardly.”?

As always - love, only love....

Nuria, Hazrat Inayat Khan Study Circle Moderator

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