



**Religious Gatheka – Hazrat Inayat Khan**  
**22. Zarathustra**

**This Month’s Concentration:**

Read and contemplate daily for the next several weeks  
Hazrat Pir-o-Murshid Inayat Khan’s lecture: The Sufi Message  
Reflect Daily on the Following Points in Gatheka 22

1. *The interpretation of this idea is that the “Spirit of Guidance; does not come direct from Heaven, it is born from the human family: The tree is the family. (Hazrat Inayat Khan)*

**Contemplate:** Ask oneself, “What is my experience of the Spirit of Guidance?”

2. *He Zarathustra] [pointed out to his followers that the form, line, color and movement that they saw before them, and which attracted them so much, have been accomplished by an expert artist. (Hazrat Inayat Khan)*

**Contemplate:** Ask oneself, “Do I recognize and remember the source of All? How would my life be transformed if I strove for constant remembrance.”

3. *The way of worship taught by Zarathustra was to worship God by paying homage to Nature. For nature suggests to the soul the Endless and Unlimited Being hidden behind it all.*

**Contemplate:** Take a little time each day to pay homage to nature and so that the soul experiences this suggestion of the *Endless and Unlimited Being hidden behind it all.*

As always - love, only love....

Nuria

*Hazrat Inayat Khan Study Circle Moderator*