



**Religious Gatheka – Hazrat Inayat Khan**  
**24. Abraham**

**This Month's Concentration:**

Read and contemplate daily for the next several weeks  
Hazrat Pir-o-Murshid Inayat Khan's lecture: Abraham  
Reflect Daily on the Following Points in Gatheka 24

*From Gatheka 25 Abraham: The most remarkable thing one notices in Abraham is, that besides him being a prophet and a mystic, he lived the life of an ordinary human being, 'one with his fellowmen' in their times of pleasure and sorrow.*

- 1. Contemplate:** *When we think deeply on the problem of life, there is no path in the world whether spiritual or material which we can thread successfully without a sacrifice.*
- 2. Contemplate:** *Sometimes the sacrifice is great and sometimes small, sometimes the sacrifice is made before achieving the success and sometimes afterwards. As sacrifice is necessary in life, it is made by everyone in some form or other, but when it is made willingly it turns into virtue.*
- 3. Contemplate:** *The greater the ideal the greater the sacrifice it demands, and if one saw wisely the process of advancement through life, in any direction of life, it is nothing but a continual sacrifice, and happiness comes from the understanding of this nature of life, and not being hurt or troubled by it, but knowing that it is by sacrifice made to the end, and that man attains the desired goal.*

As always - love, only love....

Nuria

*Hazrat Inayat Khan Study Circle Moderator*