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Author Nuria Daly releases ‘The Witch as Teacher in Fairy Tales’

New book offers unique way of understanding deep mystical meaning hidden in ancient fairy tales

WHEELERS HILL, Australia – Author Nuria Daly was so taken with the idea that even ancient stories from other faraway lands and cultures contained a hidden understanding of mysticism and spirituality. In “The Witch as Teacher in Fairy Tales” ([published by Balboa Press AU](#)), she used metaphors of ancient fairy tales to bring meaning to ordinary life, exploring spirituality, purpose and eventual enlightenment.

This book provides a unique way of understanding the deep mystical meaning hidden in the many fairy tales and how these insights can be applied to the lives of modern day seekers of truth. This book explores the inner realms of the creative imagination and their common crucial purpose of finding and integrating the creative feminine. It also introduces many worthy themes for reflection as a wonderful eye-opener to reading the symbolic psychological dimension of popular stories.

“The issues and difficulties in the lives of ancient peoples are similar to those we face today; Mastery of our ego, overcoming fear, dealing with envy, jealousy and greed, in ourselves and others,” Daly says, “and perhaps most importantly, the unveiling of the Beloved, the sacred feminine and Soul, and our integration (or marriage) with Her. For women the quest is different - so many have hidden themselves or been forced to hide from the patriarchy, just like the frog princess. We too, must re-discover the Soul that we are. We can see this in the stories and learn from them.”

A compelling and captivating read, “The Witch as Teacher in Fairy Tales” will let readers discover the crucial role the teacher representing the psychopomp, as well as the internalised teachings which guide them on their journey. Through study, they will realize the journey itself and the great battles they must fight to overcome the demons and dragons within them.

“The Witch as Teacher in Fairy Tales”

By Nuria Daly

Softcover | 6x9in | 254 pages | ISBN 9781504306430

E-Book | 254 pages | ISBN 9781504306447

Available at Amazon and Barnes & Noble

About the Author

As the only child of Jewish refugees in Northern Ireland, Nuria Daly was brought up as a Presbyterian. Thus began her quest for the spiritual. She became a radiographer, migrated to England, met and married her first husband. They immigrated to South Africa where her twin sons were born prematurely. In South Africa, she worked for a time as a radiographer and then trained to be a bookkeeper and finally got into computer programming, in the very early days of computers. After her divorce, she moved to Australia with her sons then aged 11. In Melbourne, she worked as a programmer, while also discovering Jung and becoming involved in her search for the spiritual. As a result of this she undertook a long course of study part-time, eventually becoming a psychologist and hypnotherapist. This was a fundamental base for understanding the mind and consciousness at all levels. She remarried in 2006 and lives in a beautiful leafy suburb of Melbourne, where she leads a Sufi group.

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