

# What does the soul tell?

*An exploration*

Reflections on teachings  
of Hazrat Inayat Khan  
on the sphere of the soul  
in mind and heart

Discovering dimensions  
in one's life energy

*A Sufi essay*

WALI VAN LOHUIZEN

## What does the soul tell?

*A Sufi essay*

by

WALI VAN LOHUIZEN

WHAT IS THE SOUL, WHO IS THE SOUL? CAN IT BE EXPLAINED? CAN IT BE PERCEIVED?

The author invites you to explore how the soul may speak in heart and mind. A discovery of unknown dimensions of consciousness. Understanding Hazrat Inayat Khan's journey of the soul as the development of consciousness of the divine into the human. The soul as one's life's energy. A legacy to be discovered in deepening levels of your own consciousness.

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Pir Zia Inayat-Khan

*'In his essay on the mysterious yet important concept of the soul, the author reveals many inspiring aspects on how the soul profiles our life, heart, mind and body.'*

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You can find these recommendations in full and more on the back cover of the book.

## ABOUT THE AUTHOR

Wali van Lohuizen is a lifelong student and practitioner of universal Sufism. He served the Sufi Movement in many qualities, in the Netherlands and also in India, Russia, Latvia and elsewhere, mostly operating jointly with his wife Walia. He has worked in urban and transportation planning. As a university professor he studied and taught management of knowledge for policy making in this field, in an international setting.

## FRAGMENT FROM THE CHAPTER 'LOOKING BACK, LOOKING AHEAD'

'The soul may be understood as one's very energy and power of life. It is operating behind mind and heart, or rather through them. It is an element that is relevant for improving present-day life in this world. When one finds its qualities it brings in the vertical dimension, giving depth and creating an ideal – through the so necessary refinement. These qualities seem to contradict the usual way of thinking and operating. Yet it implies finding new perspectives for an awareness in human life of the presence of the soul and its activity in oneself. It manifests as light, as energy, as an uplifting power. To detect the radiance of the soul one finds ways to radiate it in the form of empathy and sympathy (as forms of love) to our fellow humans, to all creatures, alive or sleeping. Its effect is a feeling of togetherness: tolerance, harmony, brotherhood, ultimately as a divine presence. To feel at one in the depth of one's being, of Being. It is a refreshing view that this world is not elsewhere but right here.'

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